## FEMALE PA/Support Worker

I am an independent young woman requiring support from up to 6 Personal Assistants to work daily shifts covering hours between 8am and 11pm. The shifts will be from 8am to 16.00pm and 16.00pm to 23.00pm

The duties will include domestic and social duties, to reduce social isolation and access community and support with daily living.

I require Female PA's due to Personal Care duties and under the genuine occupation qualification.

I have Cerebral Palsy and am visually impaired, but I do not let my disability stop me from doing anything! I enjoy swimming, going to gigs and shopping. I live with my boyfriend we both have a very active social life; ideally the PA will share these interests.

## **Support Required Includes:**

- To provide me with full day to day living support, I live in Tooting, South West London area
- To assist and guide me when out and about.
- Using Hoists and turn table for transfers
- Administer medication
- Personal care, including toileting, washing and bathing, shaving and assisting with hair & make up
- Understand the surrounding area and ideally live within the area as flexibility with hours will be required in this role.
- Be able to cook and assist with feeding
- Assist with personal paperwork
- I am starting a new job and also volunteering locally, where required the PA's will need to be able to take notes and assist with typing while I dictate.
- Must be able to work alongside my Partner and his PA's in the same household.
- Assist in domestic duties
- I like to go on holiday; PA's will be required to join me in order to meet all my needs while away.

## **Key Experience Required:**

- You will need a full driving licence/car driver and be over 21 years old due to the insurance policy to drive my vehicle.
- Similar experience within a PA role or a health and social care background is desirable but not essential
- Be able to push or assist me driving my wheelchair
- Good communication skills and good use of the English Language both Written and Verbal is key

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Please note: The above duties are a guide to the nature of the work required and are not intended to reflect all the tasks associated with the role, the duties may be adjusted or added to at any time as required.

Email your CV and covering letter to <a href="mailto:bemycarer@gmail.com">bemycarer@gmail.com</a> to apply.

